



ILM Certificate in Coaching & Mentoring

Who is it for?

Coaching and Mentoring qualifications are powerful tools for developing your leadership capabilities. These interactive courses will equip you with the knowledge, skills and confidence to perform effectively as workplace coaches or mentors.

Benefits for employers

As a result of this training we would expect to see Managers and Team Leaders motivating, inspiring, challenging, stimulating and guiding others within the organisation.

These are practical and “hands on” programmes, designed for key people in organisations wishing to improve their Coaching and Mentoring skills. There will be four taught workshops to provide you with all the knowledge to put into practice.

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“I’ve learnt through the power of questioning how to unlock the individuals potential.”

- Lorna Litchfield

Qualification Level: 5

Entry Requirements: NONE

Duration: Up to 12 months

Assignments: 3 assignments and maintaining a coaching & mentoring diary

Benefits for individuals

- Professional Development
- Enhancing job satisfaction
- Transitioning to higher career level
- Confident as a team leader and manager
- Increased motivation and morale
- Improved communication & interpersonal skills
- Developing professional relationships

We are experts in the delivery of Coaching and Mentoring qualifications, we believe that anything can be achieved with hard-work and dedication and we should continue to develop ourselves to thrive in our roles to empower and grow people to become great leaders via coaching by identifying talents of individuals to form high performing teams.

Workshop one 19/03/2019

- Coaching in context
- How people learn
- Developing a coaching relationship
- Key skills of a coach/mentor
- Different coaching models

Workshop two 30/04/2019

- Attitudes and values
- Power dynamics
- Ethics/professional boundaries
- Creating a safe environment for coaching/mentoring
- Contracting for coaching/mentoring

Workshop three 21/05/2019

- Barriers to performance
- Coaching teams
- Effective communications
- Verbal & non-verbal communication
- Questioning, listening, reflection & summarising
- Giving & receiving feedback

Workshop four 25/06/2019

- Understanding & overcoming organisational barriers
- Costs & benefits of coaching & mentoring; financial, personal, emotional and social
- Developing a business case for coaching

Professional registration

Student Member of the Institute of Leadership and Management, where you will be able to access a range of resources and information to improve your knowledge in leadership and management.

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“I use this to coach and mentor managers in social care and help them to attain their goals.”

- Claire Poole

Contact us...

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Email: contactus@tempesttraining.com

Private

£995

+VAT

We do offer payment plans at no additional charge.